

# **RESOLUTION WRITING 101**

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Iowa Association of Nursing Students

# **AGENDA**

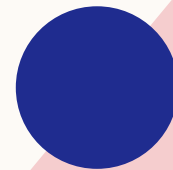
Quick Survey

Timeline/Deadlines

Resolution Overview

Submission Checklist

Summary





# **SURVEY**

Link: <https://forms.gle/W5V8w6YFQYGjVzXF6>

# TIMELINE

SEP 29

OCT 5

OCT 13

OCT 23

First Zoom Session:  
Resolution Overview:  
5 PM

Second Zoom Session:  
Q/A + Workshop:  
4 PM

Resolution Submission  
Date: 11:59 PM

Convention and  
Resolution  
Presentations

# WHAT IS A RESOLUTION?<sup>5</sup>

- Advocacy component written by nursing students that addresses key issues seen in education and nursing practice
- Resolutions are presented, debated and adopted by a majority vote by the House of Delegates at the annual IANS Convention
- If adopted, these resolutions become the official policy of IANS, and can go on to be adopted by the National Student Nursing Association (NSNA)
- Purpose: learn about health policy and make your voice heard!

# RESOLUTION CHECKLIST (7)

ABSTRACT

ESTIMATED COST

CONTACTS

RESOLUTION MAIN FILE

LIST OF REFERENCES

REFERENCE DOCUMENTS

PERSONAL INFORMATION

ALL DOCUMENTS SHOULD BE WORD DOCS UNLESS OTHERWISE STATED  
SUBMIT!

# ABSTRACT

- (Max 75 words)
- 3-4 well written sentences about purpose & outcomes of resolution

# ESTIMATED COST

- Itemized cost of implementing resolution

Cost Breakdown

Email article published by GVNSA about the need for education and awareness surrounding breastfeeding support.	\$0.00
Distribution and printing of a pamphlet containing education and resources regarding breastfeeding and postpartum depression.	\$1.41 per colored pamphlet
Sending copies of this resolution to ANA, AACN, INA, NLN, NSNA	\$0.00



# CONTACTS (EXCEL FILE)

- Contact name, organization, email address, website address for orgs, agencies and individuals cited in “Resolved” clauses

# RESOLUTION MAIN FILE

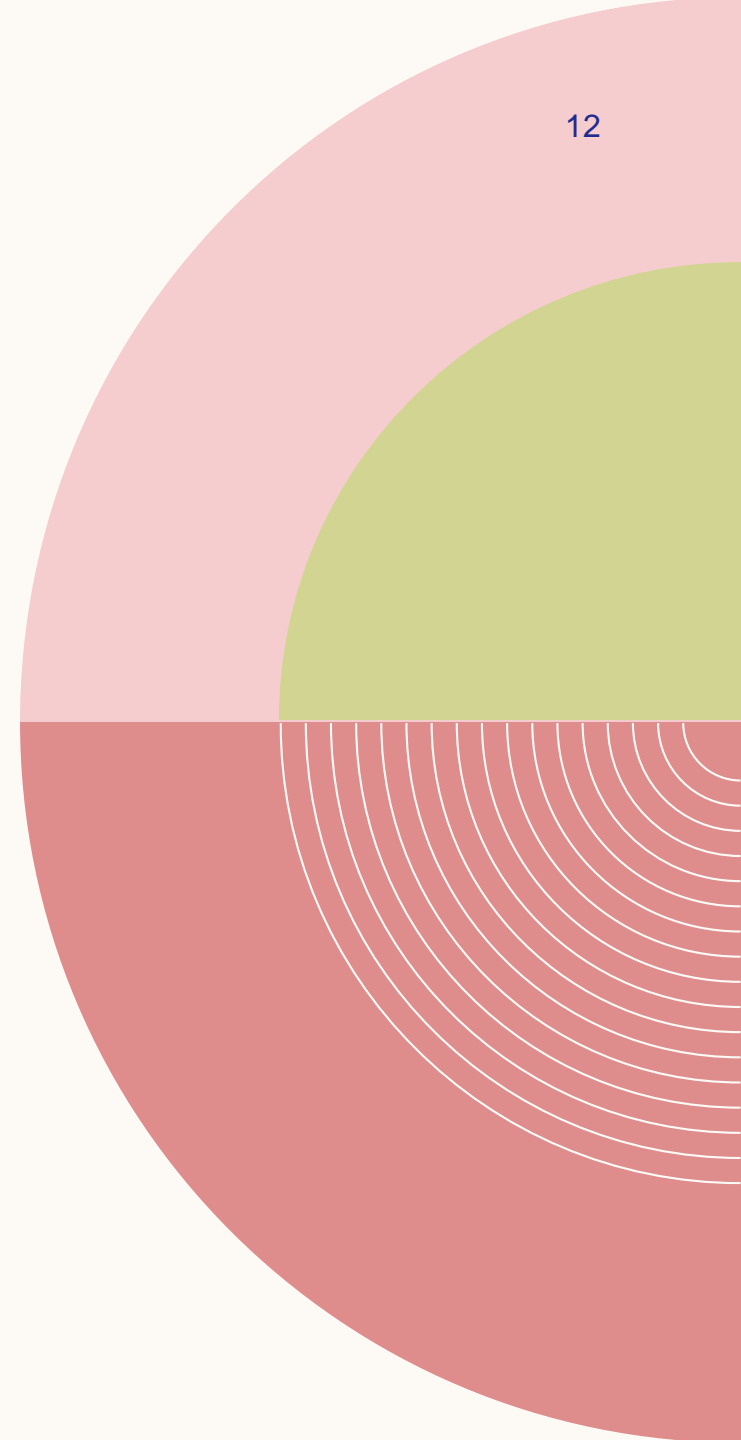
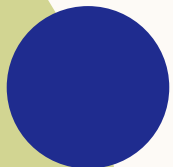
- Use template from IANS website
- Title: 15 words max
- Whereas: 300 words max

# LIST OF REFERENCES

- List of references cited in “Whereas” statements
- APA format

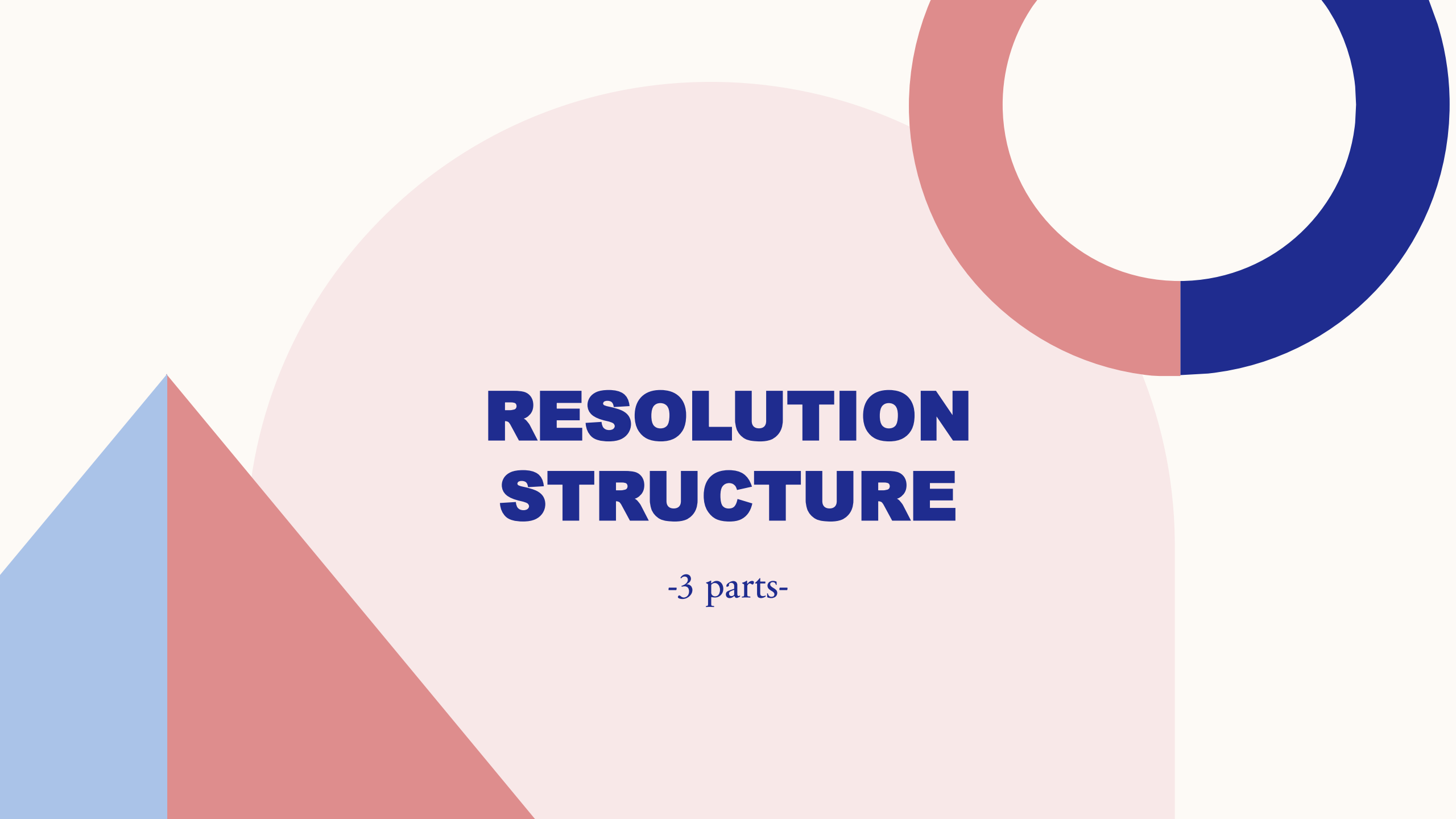
# REFERENCE DOCUMENTS

- All files listed in List of References and cited in “Whereas” statements
- Highlight cited text
- Submit as PDFs



# PERSONAL INFORMATION

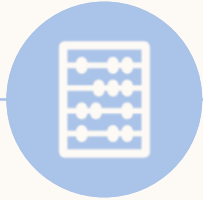
- Name
- School
- NSNA number



# **RESOLUTION STRUCTURE**

-3 parts-

# CHOOSE A TOPIC



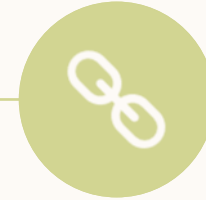
## CHOOSE A TOPIC

- Interesting & Current
  - Stir discussion at convention
- Nursing based; profession or healthcare
- Cannot be a repeat of prior NSNA resolutions



## RESEARCH SUPPORTING ARTICLES

- Make sure there is enough evidence
- Credible sources
- Pubmed, CINAHL, Google Scholar
- No more than 5 years old



## EXAMPLES OF PREVIOUS RESOLUTIONS

- “IMPROVING COMMUNICATION FOR DEAF AND HARD-OF-HEARING PATIENTS DURING TIMES OF INCREASED FACEMASK WEARING”
- “RAISING AWARENESS OF SOCIAL ISOLATION AND DEPRESSION AMONG GERIATRIC PATIENTS DURING THE COVID-19 PANDEMIC”
- “IN SUPPORT OF INCREASING AWARENESS OF THE LACK OF PAIN ASSESSMENTS ON PATIENTS OF COLOR”

# WHEREAS STATEMENTS



## OVERVIEW

- Purpose: Outline, strengthen, and defend your topic
- 300 word limit
- One quote/reference per Whereas statement



## RESEARCH

- Pick important statistics and facts to support your topic
- Strengthen your stance and cause
- All copies and articles must be provided with final resolution
  - Bibliography, APA format, documentation underlining the research



## EXAMPLE

- WHEREAS, in 2006, “22.3% of Emergency Department visits were classified as emergent, and 34.2% were urgent” (McCaig & Burt, 2007, p. 4); and



# RESOLVED STATEMENTS



## OVERVIEW

- Purpose: reflect the topic statements, summarize stance you wish IANS to take on the issue
- Ask yourself: What would I like IANS to do to support this issue/topic?



## BREAKDOWN

- First resolve statement: summarize actions you wish IANS to take
- Additional resolve statements: specific actions to be taken; letters to be sent, names of organizations resolution is sent to



## EXAMPLE

- "RESOLVED, that the NSNA ® advocate that those on any substance consistently, whether prescription or non prescription medications, compile and carry a list of those

# EXAMPLE:

**TOPIC:** RAISING AWARENESS AND PROMOTING BREASTFEEDING SUPPORT TO REDUCE THE INCIDENCE OF POSTPARTUM DEPRESSION

**SUBMITTED BY:** Grand View University  
Des Moines, IA

**AUTHORS:** Sara Cantrell, Heidi Jenkins, Alexis Jones

WHEREAS, the mother's satisfaction with breastfeeding is associated with a negative postpartum depression screening and fewer negative emotions such as anger or guilt (Avilla et.al., 2020); and

WHEREAS, the maternal expectation of breastfeeding during pregnancy and the actual breastfeeding outcome is in correlation with postpartum depression occurrence (Borra et. al., 2015, p.903); and

WHEREAS, in mother's who did not show symptoms of depression before birth; breast feeding decreased the incidence of postpartum depression of mothers who had expectations of successful breastfeeding (Borra et, al., 2015, p. 903); and

WHEREAS, women with postpartum depression who quit breastfeeding early had lower oxytocin levels which is associated with postpartum depression and anxiety (Lara-Cinisomo et. Al., 2017); and

WHEREAS, postpartum depression can be correlated with breastfeeding difficulties associated with lack of postpartum breastfeeding support which is important to a mother's mental health (Chaput et. Al., 2016); and

WHEREAS, mother's who exclusively breastfed for at least the first three months of life showed less incidence of postpartum depression (Silva et. Al., 2017, p.360); therefore be it

# EXAMPLE:

RESOLVED, that Iowa Association of Nursing Students publishes an article written by Grand View Nursing Student Association about the need for awareness and education surrounding breastfeeding support; and be it further

RESOLVED, that Grand View Nursing Student Association will provide a pamphlet providing education and resources to be distributed at the discretion of IANS Board of Directors; and be it further

RESOLVED, that IANS send a copy of this resolution to American Association of Colleges of Nursing, American Nursing Association, Iowa Nursing Association, National League for Nursing, National Student Nursing Association (NSNA), and all others deemed appropriate by the IANS Board of Directors.

# RESOLUTION SUBMISSION PORTAL

<https://forms.gle/WqgviLGW6sv5ZXbL8>

No more than 2 submissions per school

Submit by October 13<sup>th</sup> at 11:59 PM

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# THANK YOU

Alyssa Nahnsen

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<http://www.iowanursingstudent.org/submit-a-resolution.html>